

## Allergens Menu

This menu contains an indication of specific allergens that are or may be in our dishes. However, as we use all allergen types in our kitchen we cannot guarantee items have not been in contact or contain traces of any specific allergens.

| Dishes |  |  |  | $\sqrt[n]{n}$ |  |  |  |  | $\square$ |  | OROMO |  | 488 | $5^{\text {mma }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Starters | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| FLATBREAD |  | Y* |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Soup | Y | $\mathrm{Y}^{*}$ |  |  |  |  | $Y^{*}$ |  |  |  |  |  |  |  |
| CHICKEN TERRINE |  | Y |  |  |  |  | Y |  | Y |  |  |  |  | $Y^{*}$ |
| Wild Mushrooms |  | $\mathrm{Y}^{*}$ |  |  |  |  | Y |  |  |  |  |  |  | Y |
| FETA TART |  | $\mathrm{Y}^{*}$ |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Camembert |  | $Y^{*}$ |  |  |  |  | Y |  |  |  |  |  |  |  |
| Deli Board |  | Y* | Y | Y | 1 |  | Y | 1 |  |  |  |  |  | Y |
| SMOKED SALMON PARCEL |  | Y |  |  | Y |  | Y |  |  |  |  |  |  |  |

*Can be made without upon request
/ All fish is sourced from a seafood supplier where all fish is prepared

| Dishes |  |  |  |  |  |  |  |  | $\square$ |  | osio |  |  | $)^{\text {mem }}$ |
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| Mains | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{+}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| HERB CRUSTED HAKE |  | Y* |  |  | Y |  | Y |  |  |  |  |  |  | Y |
| FISH \& CHIPS |  |  | / |  | Y |  |  | / |  |  |  |  |  | / |
| FISHCAKE |  | Y | / | Y | Y |  | Y | / |  |  |  |  |  | Y |
| PORK BELLY | Y |  |  |  |  |  |  |  |  |  |  |  |  | Y |
| PIE OF THE DAY | Y | Y |  | Y |  |  | Y |  | / |  |  |  |  | Y |
| SRI LANKAN CURRY / CHICEN OR VEG | Y | Y* |  |  |  |  |  |  |  |  |  |  |  | $\mathrm{Y}^{*}$ |
| BURGER |  | Y* |  | Y |  |  | Y* |  |  |  |  |  |  |  |
| CHIKEN BURGER |  | Y* |  | Y |  |  | Y* |  |  |  |  |  |  |  |
| BAKED AUBERGINE |  |  |  |  |  |  | Y |  |  |  |  |  |  |  |
| CELERIAC MUSHROOM RISOTTO | Y |  |  |  |  |  |  |  |  |  |  |  |  | Y |


| Dishes |  |  |  |  |  |  |  |  |  |  | $0$ |  | $008$ | $\int^{9}$ |
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| Salads and sandwiches | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Nectarine |  |  |  |  |  |  | Y |  | Y |  |  |  |  | Y |
| Caeser |  | Y | / | Y | Y |  | Y | / |  |  |  |  |  |  |
| Goats cheese |  | Y |  | Y |  |  | Y | / |  | Y |  |  |  | Y |
| Ham \& Cheddar sandwich |  | Y |  |  |  |  | Y |  |  |  |  |  |  | Y |
| Chicken and bacon sandwich |  | Y |  | Y |  |  |  |  | Y |  |  |  |  | Y |
| Prawn sandwich |  | Y | Y | Y | / |  |  | / | Y |  |  |  |  | Y |
| Chickenb wrap |  | Y |  | Y |  |  | Y |  |  | Y |  |  |  | Y |
| Fishfinger wrap |  | Y | / | Y | Y |  |  | / | Y |  |  |  |  | Y |


| Dishes |  |  |  |  |  |  |  |  | $\square$ |  | $0$ |  | $008$ | $e^{8}$ |
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| Desserts | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| BISCOFF CRÈME BRULEE |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| CHOCOLATE FONDANT |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| APPLE RUBARB CRUMBLE |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| STICKY <br> TOFFEE PUDDING |  | Y |  |  |  |  | Y |  |  |  |  |  |  |  |
| Cheese board | Y | Y |  |  |  |  | Y |  |  |  |  |  |  |  |
| IceCream |  |  |  |  |  |  | Y |  |  |  |  |  |  |  |
| Sorbet |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Dishes |  |  |  | 气n |  |  |  | (1) ${ }^{\text {(a) }}$ | $\square$ |  | Oso |  | $)_{0}^{88}$ | $5^{\text {mex }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Set menu | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Soup |  | Y* |  |  |  |  | $\mathrm{Y}^{*}$ |  |  | Y* |  |  |  |  |
| Whitebait |  | Y |  | Y | Y |  |  |  |  |  |  |  |  |  |
| Duck Parfait |  | Y* |  |  |  |  | Y |  |  |  |  |  |  |  |
| Ham and egg |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |
| Scampi <br> and chips |  | Y | Y | Y | / |  |  | / |  |  |  |  |  |  |
| Sausages and mash |  | Y |  |  |  |  | Y |  |  |  |  |  |  | Y |
| Gnocchi | Y | Y |  | Y |  |  | Y |  |  |  |  |  |  | Y |
| Choc Brownie |  |  |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Panna Cotta |  | Y |  |  |  |  | Y |  |  |  |  |  |  |  |

